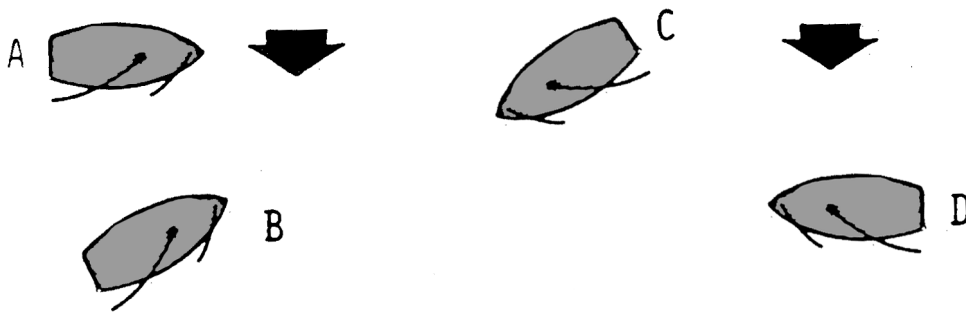




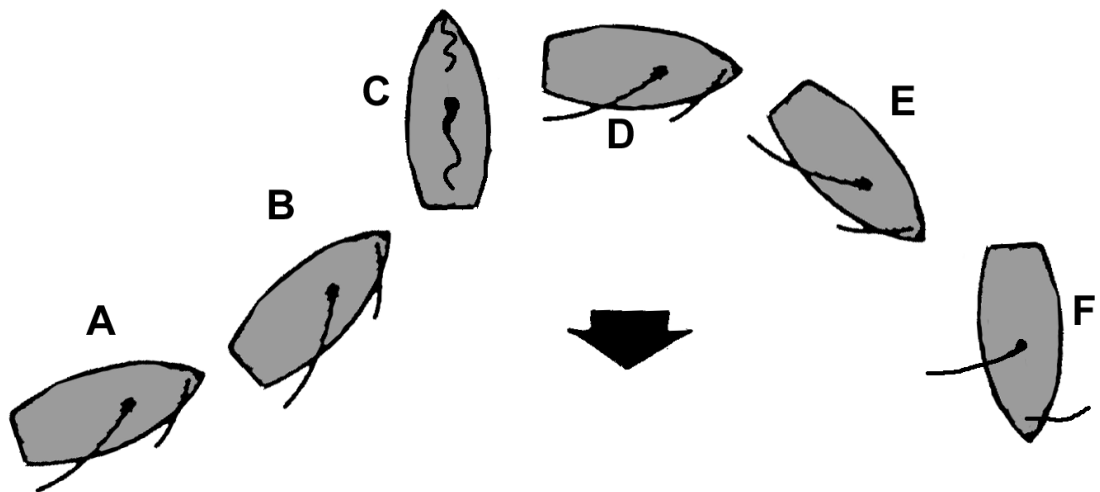
LCYC *Sail On* Program Safety Quiz Study Guide

1. To make the boat turn left or right, which direction do you push the tiller?

2. Windward and leeward identification.



3. Identify the points of sail.

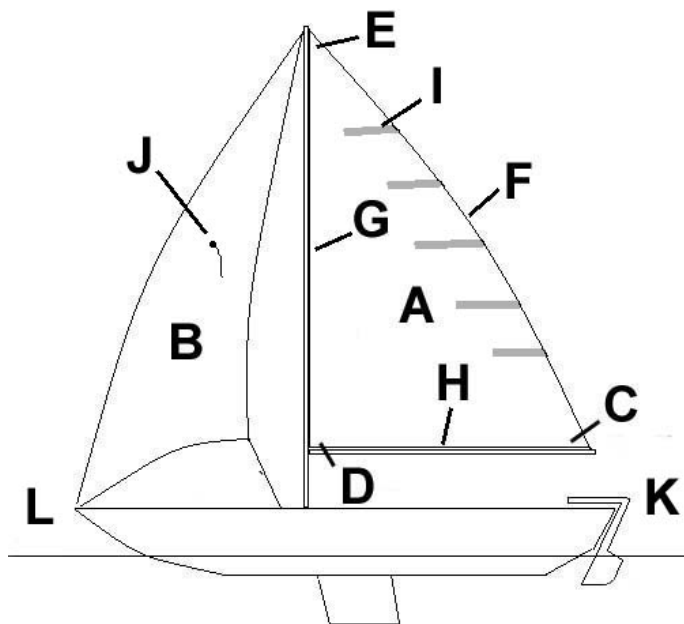


4. You are in a sailboat under sail. Review examples of when you Stand-On or Give-Way. (Other sailboats, power boats, canoes or kayaks)

5. What is a PFD and when does a sailor wear one.

6. Be able to describe the function of the following sailboat parts: *Stays, Shrouds, Telltales, Painter, Sheets, Boom Vang, Boom Topping Lift, Outhaul, Downhaul/Cunningham*

7. Parts of a sailboat



9. Steps in recovering from a dinghy capsize.

10. Sailing terms to know: (*Port, Starboard, Windward, Leeward, Helmsman, Crew, Skipper, Ahead, Abeam, Astern*)